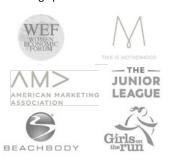


TAKING THE STAGE

Books don't change lives if they sit on shelves, so author Katherine Wintsch is standing up and SPEAKING OUT about self-doubt every chance she gets.





GOING GLOBAL

Katherine traveled to India to accept a WOMAN OF THE DECADE award from the Women's Economic Forum. While there, she inspired women from 62 countries to stand up and slay their dragon of self-doubt.



CAPTURING ATTENTION





"One of the top ten LIFE-CHANGING self-help books every woman should read."

SUPPORTING WORKING MOTHERS

Companies everywhere have been hiring our team to host WORKSHOPS and educational series designed to support working mothers and parents.









CHAMPIONING WOMEN IN NEED

Self-doubt doesn't **DISCRIMINATE** and neither do we. Our team has been running workshops for and donating free books to incarcerated women to help them turn their self-doubt into self-love.



CHANGING LIVES

"Slay Like a Mother SPOKE TO MY HEART. This is a must-read for anyone struggling with self-doubt."

 DANA VOLLMER, Five-time
Olympic gold medalist, first mother to win a gold for U.S. swimming I'm so glad you never gave up on it. My sister just started it and was in tears in the first chapter. I have two degrees in psychology and a PhD in neuroscience (behavioral) and nothing has touched my life as much as your book. It's gold. Thank you again and hopefully we will meet one day in a workshop or at a talk or somewhere! - Liz



MOTHER Workshop









OVERVIEW

In this emotionally charged experience, Katherine Wintsch brings her book, *Slay Like a Mother*, to life through ground-breaking research, rich personal experiences, and actionable advice for slaying what's standing in your way.

TOPICS

- · How to be successful without being perfect
- How to quiet the negative voice in your head
- · How to struggle without suffering
- How to reduce your self-doubting ways

ATTENDEES

Workshop can be designed for working women, working mothers, working parents or a more general audience. Anyone is welcome who would benefit from slaying their self-doubt.

FORMAT

Virtual Webinar. 60 or 90-minute interactive webinar that covers key topics from the book and includes audience participation and Q&A throughout.

In-Person Workshop. 90-minute interactive workshop including breakout groups and crowd-sourcing dragon slaying solutions.

CONTACT AND FEE INFORMATION

Kathy Snead, Director of Engagement Kathy@momcomplex.com

ADVOCACY

100% of all speaking fees go to distributing free copies of *Slay Like a Mother* to women overcoming incarceration, addiction and domestic violence. Click here to learn more about this important work.











Happy Clients

























85%

Of participants say the program helped with both **personal and professional growth.**

89%

Of participants say the program proved their company **cares about their well being**.

90%

Of participants say the program demonstrated tangible ways to **reduce their self-doubt.**

By learning we are not alone, the program helped us be more honest, understanding, and empathic with each other as coworkers."

- Gayatri Agnew, DE&I Leader, Walmart Inc.

Leaders across our organization benefited from the eye opening Slay Like a Mother program and are better because of it."

- Danielle Redner, Chief Inspiration officer, Stella & Dot



